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# McGill Online Summer Program for INTERNATIONAL MEDICAL STUDENTS

A new immersive online  
medical education  
experience at the  
McGill University  
Faculty of Medicine  
and Health Sciences

July 25 – August 4, 2021



McGill

Faculty of  
Medicine and  
Health Sciences

# An Immersive Online Medical Education Experience in Canada's most prestigious university

Program provides a strong foundation and cutting-edge knowledge in theoretical and applied aspects of medicine.

Students will learn the Canadian approach to clinical medicine, research and population health.

Active learning principles, promoting information exchange and collaborative education.

McGill distinguished professors lead this enriching academic and leadership program, composed of 12 live lectures and 5 real-time workshops with breakout sessions.

## Topics covered:

- heart and brain health
- evidence-based medicine and research
- primary care and population health
- professionalism
- leadership
- preparing an application for residency training (postgraduate clinical training)

## Key benefits

Through this program, students will:

### Explore...

- the McGill Medicine community and its interdisciplinary / interprofessional approach to patient care.
- the link between clinical care and research.
- their understanding of health and illness, through concepts rooted in heart health, brain health, population health and healthcare system improvement.

### Learn...

- the values and style of contemporary future-oriented medical practice.
- a set of tools and knowledge that will enhance their leadership skills and professionalism.
- to contextualize their future medical practice with sensitivity to the specific nature of the populations they serve.
- how to apply new knowledge to their own contexts and experiences.
- expand their horizons by getting a clearer understanding of medical career options.

### Network with...

- instructors and receive guidance and support through live sessions.
- McGill medical students, residents and fellows.

## Who should attend?

The program is designed for international medical students with an excellent knowledge of English.

## What's included?

- Live Orientation session.
- All educational sessions and related digital materials.
- Virtual tour of McGill University campus, affiliated teaching hospitals and Family Medicine community sites.
- Virtual tour of the beautiful cosmopolitan city Montreal, a multilingual and multicultural community ranked #1 among the best cities in the world for students.
- Live Graduation Ceremony with Certificate of Completion for participants who complete the 9-day online program.

## When is it available?

- Sunday, July 25 to Wednesday, August 4, 2021.
- Educational sessions take place Sundays to Thursdays from 15:30 to 19:00 UAE time.
- All course presentations will be recorded and available online for a duration of 30 days after the live program, so program participants may review the courses and materials at their convenience.

## Program Committee

### Education Leads

#### **Dr. Beth-Ann Cummings**

Assistant Dean, Health Professions Education | Associate Professor, Department of Medicine | Former Associate Dean, Undergraduate Medical Education

#### **Dr. Fadi Habbab**

Assistant Professor, Department of Diagnostic Radiology | Special Advisor to the Assistant Dean, International Affairs | Attending Radiologist, St. Mary's Hospital and MUHC

### Project Leaders

#### **Dr. Howard Bergman**

Assistant Dean, International Affairs | Professor of Family Medicine, Medicine and Oncology

### Advisors

#### **Dr. Fernanda Claudio**

Academic Associate | Lead, Curriculum Design & Alignment | Postgraduate Medical Education Office

#### **Dr. Wafa Djerboua**

Assistant Professor, Anatomy and Cell Biology, Outaouais Campus

#### **Dr. Imed Gallouzi**

Professor, Dept. of Biochemistry and Rosalind & Morris Goodman Cancer Research Centre | Special Advisor to the Assistant Dean, International Affairs

### Coordinators

#### **Diana Sarai**

Program Manager, International Affairs

#### **Hermine Mesropyan**

Administrative Assistant, International Affairs

# SCHEDULE

## WEEK 1: ONLINE PROGRAM

All program activities are live interactive sessions on a state-of-the-art virtual platform

EDT Time	Sunday, July 25	Monday, July 26	Tuesday, July 27	Wednesday, July 28	Thursday, July 29
7:30 – 7:50		<b>HEART HEALTH #1</b>  <b>Keeping Our Hearts Healthy</b> Burden of cardiac disease (cardiovascular disease and arrhythmias)	<b>INTRODUCTION TO EVIDENCE-BASED MEDICINE &amp; RESEARCH #1</b>  <b>Finding Good Information</b> <ul style="list-style-type: none"> <li>How to find good information online</li> <li>Using McGill library services/ PubMed</li> </ul>	<b>INTRODUCTION TO POSTGRADUATE MEDICAL EDUCATION (PGME) #1</b>  <b>Residency at McGill</b> Why do residency training at McGill?	<b>INTRODUCTION TO PROFESSIONALISM #1</b>  <b>Physicianship and Ethics</b> <ul style="list-style-type: none"> <li>Concept of physicianship</li> <li>Ethical codes of conduct</li> </ul>
7:50 – 8:00		Q&A Session	Q&A Session	Q&A Session	Q&A Session
8:00 – 8:20		<b>HEART HEALTH #2</b>  <b>Keeping Our Hearts Healthy</b> Benefits of cardiovascular fitness	<b>INTRODUCTION TO EVIDENCE-BASED MEDICINE &amp; RESEARCH #2</b>  <b>Practice Searching Online</b> <ul style="list-style-type: none"> <li>Practicing PubMed Searches</li> <li>Practicing Google Searches</li> <li>Identifying predatory journals</li> </ul>	<b>INTRODUCTION TO PGME #2</b>  <b>Preparing a residency application</b> How to prepare a successful residency application	<b>INTRODUCTION TO PROFESSIONALISM #2</b>  <b>Interprofessional Teamwork</b> Working in interprofessional teams
8:20 – 8:30		Q&A Session	Q&A Session	Q&A Session	Q&A Session
8:30 – 9:00		Break	Break	Break	Break
9:00 – 10:00	<b>PROGRAM ORIENTATION</b> <ul style="list-style-type: none"> <li>Introduction to Montreal, McGill University, and the Faculty of Medicine and Health Sciences</li> <li>Overview of the summer program</li> </ul>	<b>HEART HEALTH WORKSHOP</b>  <b>How do Doctors encourage behaviour change?</b> What challenges do doctors face with improving people's heart health?	<b>RESEARCH WORKSHOP</b>  <b>How do you identify misinformation?</b> What is easy and what is hard about finding good information online?	<b>POSTGRADUATE MEDICAL EDUCATION (PGME) SESSION</b>  <b>Q&amp;A with PGME: Our advisors answer your questions</b>	<b>PROFESSIONALISM WORKSHOP</b>  <b>What does professionalism mean to me?</b> <ul style="list-style-type: none"> <li>What is easy and what is hard about being a professional?</li> <li>How does the concept of leadership fit with the concept of working in interprofessional teams?</li> </ul>
10:00 – 11:00	<b>OVERVIEW OF MEDICAL TRAINING IN CANADA</b> <ul style="list-style-type: none"> <li>Canadian Healthcare system</li> <li>Clinical practice, research, leadership, public health</li> <li>Inter-professional practice</li> <li>Patient-centred healthcare</li> </ul>			<b>Career Panel</b>	
Session note	<b>Introduction to Tomorrow's Topics</b>	<i>Group meetings with breakout sessions</i> <b>Introduction to Tomorrow's Topics</b>		<b>Introduction to Tomorrow's Topics</b>	<i>Group meetings with breakout sessions</i>

## WEEK 2: ONLINE PROGRAM

All program activities are live interactive sessions on a state-of-the-art virtual platform

EDT Time	Sunday, August 1	Monday, August 2	Tuesday, August 3	Wednesday, August 4	Thursday, August 5
7:30 – 7:50	<b>VIDEO PRESENTATIONS</b> <ul style="list-style-type: none"> <li>Virtual Tour of Montreal</li> <li>Virtual tour of McGill University, its network of teaching hospitals and Family Medicine centres</li> </ul>	<b>BRAIN HEALTH #1</b>  <b>Memory and Learning</b> <ul style="list-style-type: none"> <li>How people learn new concepts, mastering new skills, and developing new behaviours.</li> <li>Memory loss and dementia</li> </ul>	<b>INTRODUCTION TO PRIMARY CARE &amp; POPULATION HEALTH #1</b>  <b>Family Medicine and Primary Care: The Foundation of a Sustainable Healthcare System</b>		
7:50 – 8:00		Q&A Session	Q&A Session		
8:00 – 8:20		<b>BRAIN HEALTH #2</b>  <b>Challenging our minds</b> Online Puzzles and Games	<b>PRIMARY CARE &amp; POPULATION HEALTH #2</b>  <b>The Challenge of dealing with COVID-19</b> COVID-19 from a local and global perspective		
8:20 – 8:30		Q&A Session	Q&A Session		
8:30 – 9:00	Break	Break	Break		
9:00 – 10:00	<b>NETWORKING</b>  Informal Sessions with McGill medical students, residents, and fellows and special guests	<b>BRAIN HEALTH WORKSHOP</b>  <b>Trauma and the Brain</b> <ul style="list-style-type: none"> <li>Linking images of Traumatic Brain Injury (TBI) to changes in behaviour</li> <li>Linking psychological trauma to changes in behaviour</li> </ul>	<b>PRIMARY CARE &amp; POP HEALTH WORKSHOP</b>  <b>Lessons from COVID-19</b> <ul style="list-style-type: none"> <li>What have we learned from the current Pandemic?</li> <li>Are we better prepared for future pandemics?</li> <li>What are the challenges when balancing the common good (public health) with individual goals (individual health, rights and values)?</li> </ul>	<b>WRAP UP – KEY LESSONS</b>	
10:00 – 11:00				<b>GRADUATION CEREMONY</b> <ul style="list-style-type: none"> <li>Keynote speaker on the topic of leadership</li> <li>Talks from Special Guests</li> </ul>	
Session note	<b>Introduction to Tomorrow’s Topics</b>	<i>Group meetings with breakout sessions</i> <b>Introduction to Tomorrow’s Topics</b>			